



TEXAS TECH UNIVERSITY

MEMORANDUM

To: Faculty and Staff

From: Jodie Billingsley,
Assistant Vice President for Human Resources

Date: December 3, 2020

Re: Quarantine Procedure Changes

On Wednesday, Dec. 2, the Centers for Disease Control updated its guidelines regarding [quarantine procedures](#) for those with known exposure to COVID-19. As we have done from the outset of this pandemic, the university will follow these new guidelines set forth by the CDC.

Effective today, quarantine protocols for asymptomatic students, faculty, and staff with known exposure to COVID-19 will be reduced from 14 days to 10 or seven days, depending upon access to testing. Individuals that are asymptomatic and unable to access COVID-19 testing will be required to quarantine for ten days. Asymptomatic individuals with access to COVID-19 testing may shorten the quarantine period to seven days if a negative test is received within 48 hours of the anticipated return.

Human Resources has updated both its [supervisor](#) and [employee](#) guides and the [positive employee test notification and protocol](#) documents and are available for your reference.

International Travel

The CDC has also revised its quarantine and testing protocols for those traveling back to the United States from international destinations. The CDC recommendations now include:

- Testing within 3-5 days after travel AND staying home for seven days after travel.
 - Even if you test negative, stay home for the full seven days.
 - If your test is positive, isolate yourself to protect others from getting infected.
- If you don't get tested, it's safest to stay home for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

If you have questions regarding these changes, please contact [Human Resources](#), call the COVID-19 hotline at 806-742-5929 or email covid19@ttu.edu.



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