Dear Texas Tech University Students,

We are now just over three weeks into the fall semester, and I wanted to take this opportunity to share an update on our COVID-19 numbers as well as emphasize some essential resources that are available to you.

As most universities experienced, Texas Tech saw a spike in positive cases in the first two weeks of students, faculty, and staff returning to campus. Since then, the total number of active cases has declined, and as of today, we have 148 student cases and 23 employee cases. With more than 46,000 students and employees, this number is both encouraging and manageable.

We know that many of you have experienced some anxiety being away from home amid this pandemic. Our staff and faculty have been working around the clock to provide you with guidance and care. Since many of you have reached out to various units with questions and concerns, I wanted to give you some additional information and ways to communicate.

**Symptoms/High-Risk Exposure**
If you exhibit symptoms or have a high-risk exposure, contact [Student Health Services](#) immediately at 806-743-2848. If you receive a positive diagnosis by an off-campus provider, you need to gather the documentation that was provided and immediately self-report. Implementing isolation and quarantine protocols are critical to ensure the health of our community; however, we also understand that being in isolation or quarantine is not normal and may be challenging.

**University Housing**
If you live in on-campus housing and must self-isolate or quarantine, a staff member will communicate directly with you. Upon positive test notification, University Housing will have you placed into self-isolation in 24 hours or less. You must be responsive to calls and messages during this time-sensitive process. If you have a question or need an immediate response to a housing concern, please send an email to [housing@ttu.edu](mailto:housing@ttu.edu). We are making every effort to respond to urgent email requests and concerns within 24 hours, including weekends.
Hospitality Services
If you live in on-campus housing and must self-isolate or quarantine, our Hospitality Services team will provide a meal delivery service. If you have questions about the meal delivery service or did not receive a delivery, please send an email to hospitality@ttu.edu.

Student Counseling Services
Mental health issues surrounding COVID-19 are well documented across the country, and we want you to know that counseling resources are available to you. The Student Counseling Center currently offers virtual counseling services for students, and these services can be initiated by calling 806-742-3674. In addition, the TTU Crisis HelpLine (806-742-5555) is available 24 hours a day if you are experiencing a mental health crisis.

Recreational Sports
If you are required to self-isolate or quarantine, you can take advantage of online fitness classes provided by the Student Recreation Center.

Additional information and resources surrounding COVID-19 can be found online, or if you have a specific question and are unable to find the information you are looking for, please call 806-742-5929.

Thank you for your efforts in following our health and safety protocols both on and off campus. Following these protocols are the most effective way that we can prevent the spread of this virus in our campus community. Your cooperation and support are greatly appreciated.

Sincerely,

Lawrence Schovanec
President
Texas Tech University

FROM HERE, IT'S POSSIBLE