

fight ^{the} flu

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H1N1 (swine flu) vaccine

A vaccine to prevent H1N1 (swine flu) is not currently available. The vaccine is expected to be available sometime in Fall 2009. Texas Tech is working closely with the Health Department, which will be responsible for distributing the vaccine. Information for students will be provided as it becomes available at <http://www.ttu.edu/flu/>.

Get a seasonal (regular) flu vaccine

Student Health Services will offer* seasonal flu vaccinations for students on:

September 29 from 2:00 - 4:00 p.m.
Texas Tech School of Law - Student Forum

October 15 from 4:00 - 6:00 p.m.
Chitwood/Weymouth Lobby

October 21 from 4:00 - 6:00 p.m.
Student Union Building - Red Raider Lounge

October 28 from 9:00 a.m. - Noon
Rec Center - Room 116

Or call Student Health at 806.743.2848 to receive a vaccine in our clinic.

* Cost: Seasonal Flu \$22 MMR \$75 Meningococcal \$120. Cash and check accepted.

Use basic prevention

- Cover your nose & mouth with a tissue when you cough or sneeze.
- Wash hands often with soap & water or use alcohol-based hand cleaners.
- If you get the flu, stay home from work & school to avoid infecting other people.

See a doctor

If you have flu-like symptoms (fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose & muscle aches), see a doctor for treatment. Students call **806.743.2848** for an appointment.



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER

Student Health Services

Division of Student Affairs & Enrollment Management